



**2019-2020
Sandwich School
District #430
Breakfast**



Grades K-5

Breakfast \$1.55

"Meal Deal"

We offer a complete Breakfast!
Entrée
Fruit Serving 1
Fruit Serving 2
Milk

You can have all four items but must choose 3 at a minimum and one of those 3 must be fruit!



Arbor A+ Ingredients

- ✓ Our Entrée Choices are all Whole Grain Rich!
- ✓ Local fruit is served whenever possible!
- ✓ Our Milk is Hormone-free and produced on sustainable farms!

Category 1 Entrée

Monday	Tuesday	Wednesday	Thursday	Friday
Oatmeal Bars	Mini Cinnis	Honey Bun	*Sausage Pancake	Mini Pancakes
or	or	or	or	or
Cinnamon Pop Tart	Chocolate Chip Muffin	Assorted Cereal Bar	Strawberry Pop Tart	Whole Grain Bagel w/Cream Cheese
or	or	or	or	or
Chocolate Breakfast Donut	Powdered Breakfast Donut	Chocolate Breakfast Donut	Powdered Breakfast Donuts	Chocolate Breakfast Donut

Category 1 - Alternate Entrée

Whole Grain Rich Cereal in a variety of flavors served



Category 2 - Fruit or Juice

A 1/2 cup serving of 100% Fruit Juice or Fresh, Canned or Frozen Fruit.



You may have 2 servings of fruit, but you must have at least 1 serving.



Category 3 - Fruit or Juice

A 1/2 cup serving of 100% Fruit Juice or Fresh, Canned or Frozen Fruit.

You may have 2 servings of fruit,

Category 4 - Choice of Milk

1% White or Skim Chocolate



Arbor Management, Inc. is pleased to be the food service provider to Sandwich School District #430.

We welcome your comments and suggestions. Linda Fox, Food Service Director @ 815-786-8881

